



FIND, START, STAY RESOURCES AND READING

A NON-EXHAUSTIVE LIST



"The first step in knowledge is to listen, then to be quiet and attentive, then to preserve it, then to put it into practice and then to spread it."

-Sufyan ibn Uyaynah

BOOKS

For those who are readers and listeners of books, the following list serves as a suggested diving board to get you started on your exploration of Diversity, Equity, and Inclusion topics.

You will note that there are many titles directly addressing racism. This is because, at a fundamental level, all DEI work is affected by the structures of racism existing in our society. To do any DEI work requires constant exploration of the pervasiveness of racial inequity and inequality.

We encourage you to support your community by sourcing books from small sellers and local bookstores near your boathouse or home!

Let us know if you have a recommendation to add!

STARTING POINT

Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor

- Layla F. Saad
- This book leads readers through a journey of understanding their white privilege and participation in white supremacy, so that they can stop (often unconsciously) inflicting damage on black, indigenous, and people of color and in turn, help other white people do better, too. The book goes beyond the original workbook by adding more historical and cultural contexts, sharing moving stories and anecdotes, and includes expanded definitions, examples, and further resources.

GENERAL

So You Want to Talk About Race

- Ijeoma Oluo
- This New York Times bestseller is an examination of race in America. This book guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.

Readings for Diversity and Social Justice

- Maurianne Adams
- With full sections dedicated to racism, religious oppression, classism, ableism, youth and elder oppression, as well as an integrative section dedicated to sexism, heterosexism, and transgender oppression, this bestselling text goes far beyond the range of traditional readers.

YOUTH FOCUSED

Equity and Difference in Physical

Education, Youth Sport and Health: A

Narrative Approach

- Edited by Flona Dowling, Hayley Fitzgerald, and Anne Flintoff
- This book confronts and illuminates issues of equity through narrative, and examines the pedagogical value of a narrative approach within PE, youth sport and health.

White Kids: Growing Up With Privilege

in a Racially Divided America

- Margaret A. Hagerman
- This book documents key differences in the outcomes of white racial socialization across families. This book explores the extent to which white families, even those with anti-racist intentions, reproduce and reinforce the forms of inequality they say they reject.

Despite the Best Intentions: How

Racial Inequality Thrives in Good

Schools

- Amanda E. Lewis and John B. Diamond
- A powerful and illuminating study of how the racial achievement gap continues to afflict American schools more than fifty years after the formal dismantling of segregation.

HIDDEN BIASES AND STEREOTYPING

Blindspot: Hidden Biases of Good

People

- Mahzarin Banaji and Anthony Greenwald
- This book questions the extent to which our perceptions of social groups—without our awareness or conscious control—shape our likes and dislikes and our judgments about people's character, abilities, and potential.

Whistling Vivaldi: How Stereotypes

Affect Us and What We Can Do

- Claude Steele
- This book explores the experience of "stereotype threat" and how it can profoundly affect our functioning: undermining our performance, causing emotional and physiological reactions, and affecting our career and relationship choices.

ROWING FOCUSED

A Most Beautiful Thing

- Arshay Cooper
- The true story of a group of young men growing up on Chicago's West side who form the first all-black high school rowing team in the nation, and in doing so not only transform a sport, but their lives.

HISTORICAL CONTEXT

The Color of Law: A Forgotten

History of How Our Government

Segregated America

- Richard Rothstein
- Describes how the American government systematically imposed residential segregation.

An African American and Latinx

History of the United States

- Paul Ortiz
- An intersectional history of the shared struggle for African American and Latinx civil rights.

An Indigenous Peoples' History of the United States

- Roxanne Dunbar-Ortiz
- History of the United States told from the perspective of Indigenous peoples

The Making of Asian America:

A History

- Erika Lee
- History of Asian Americans and their role in American life, by one of the nation's preeminent scholars on the subject.

American Islamophobia:

Understanding the Roots and Rise of

Fear

- Khaled A. Beydoun
- Insight into the experiences of Muslims in America and how the media has heavily shaped the narrative about this group.

No Pity: People with Disabilities

Forging a New Civil Rights

Movement

- Joseph P. Shapiro
- Despite being published over 20 years ago, this 1994 book is a great resource to

OTHER RESOURCES

WEBSITES / ORGS

Each of these websites/organizations feature resource pages that can be referred to as you craft your own DEI policies and changes.

- raceforward.org
- racialequitytools.org
- alliesforchange.org
- racialequityalliance.org
- racialequityinstitute.com
- schoolsoutwashington.org
- pisab.org
- showingupforracialjustice.org

PODCASTS

- Rowing In Color
- Speaking of Racism
- Codeswitch
- African Roots Podcast
- Leading Equity
- Maeve in America: Immigration IRL
- Latinos Who Lunch
- Self Evident: Asian America's Stories
- Race Matters
- Intersection
- Model Majority
- Solidarity Is This
- Up/Root

CONTACT

We are always happy to add to our living document list and value your input. Please get in touch with our Community Partnerships Manager to make a recommendation.

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